

**Kaizen Chiropractic, P.C.**  
2710 Grand Ave.  
Bellmore, NY 11710  
Tel: (516) 781-9555 Fax: (516) 781-2871

A) PATIENT MAJOR MEDICAL/ MEDICARE INSURANCE INTAKE FORM

1. Patient Name: \_\_\_\_\_
2. Home Phone number: ( ) \_\_\_\_\_ Cell: ( ) \_\_\_\_\_ Work: ( ) \_\_\_\_\_
3. Address: \_\_\_\_\_
4. Gender: M F 5. Date of Birth (DOB): \_\_\_\_/\_\_\_\_/\_\_\_\_ \*EMAIL: \_\_\_\_\_  
City, State, Zip Code
6. Marital Status: Single: \_\_\_ Married: \_\_\_ Divorced: \_\_\_ Widowed: \_\_\_
7. Emergency contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone #: \_\_\_\_\_
8. Place of employment \_\_\_\_\_ 9. Type of Employment: \_\_\_\_\_
10. Who may we thank for referring you? \_\_\_\_\_

B) MAJOR MEDICAL/ MEDICARE INSURANCE INFORMATION

11. Health Insurance Name: \_\_\_\_\_
12. Policyholder's Name: \_\_\_\_\_ 13. Policyholder's DOB: \_\_\_\_\_
14. Insurance ID#: \_\_\_\_\_ 15. Phone #: \_\_\_\_\_

If applicable, please provide Secondary Insurance:

16. Health Insurance Name: \_\_\_\_\_
17. Policyholder's Name: \_\_\_\_\_ 18. Policyholder's DOB: \_\_\_\_\_
19. Insurance ID#: \_\_\_\_\_ 20. Phone #: \_\_\_\_\_

*Assignment and Release*

I hereby authorize and direct the medical office of Kaizen Chiropractic, P.C. and its related affiliates to furnish form CMS-1500, my referring physician(s) and/ or other attorney(s), my applicable insurance carrier(s) and/or any other entity (governmental, private, union and/or otherwise) necessary any requested information and/or other information needed to determine my applicable Medicare, Medicaid, and/or other insurance benefit(s) to which I may be entitled and/or to determine the benefits payable for related chiropractic/diagnostic services furnished by Kaizen Chiropractic, P.C. Further, I hereby authorize and direct that any and all payments of benefits of any kind and/ or nature on my behalf be made directly payable to Kaizen Chiropractic, P.C. for all chiropractic/ diagnostic services furnished to me by Kaizen Chiropractic, P.C. I understand that I am fully responsible for payment at all times for any balances due to Kaizen Chiropractic, P.C. for these services if full payment is not made by Medicare, Medicaid and/or any other applicable insurer and/ or Union under the terms of my contract or otherwise. I agree to immediately remit to Kaizen Chiropractic, P.C. any payment that I may hereafter receive at any time from Medicare, Medicaid and/or any other applicable insurer and/or Union for services provided by Kaizen Chiropractic, P.C.

X \_\_\_\_\_  
Patient Signature

\_\_\_\_\_   
Print Name

\_\_\_\_\_   
Date

# KAIZEN CHIROPRACTIC, P.C.

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www.KaizenNY.com

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## Patient Care Text Messaging/Emailing Consent Form

### DECLARATION

I consent to the practice contacting me by text message/email for the purposes of health promotion and for appointment reminders.

I acknowledge that appointment reminders by text/email are an additional service and that these may not take place on all occasions, and that the responsibility of attending appointments or cancelling them still rests with me. I can cancel the text message/email facility at any time.

Text messages are generated using a secure facility. I understand that they are transmitted over a public network onto a personal telephone and as such may not be secure. However, the practice will not transmit any information which would enable an individual patient to be identified.

I agree to advise the practice if my mobile number changes or if this is no longer in my possession.

Patient Name: \_\_\_\_\_  
*Please print*

Signature: \_\_\_\_\_

Home telephone number: \_\_\_\_\_

Mobile telephone number: \_\_\_\_\_

Cell Carrier: \_\_\_\_\_

Email: \_\_\_\_\_

*The practice does not share mobile phone/email contact details with any external organization.*

I DO NOT CONSENT TO THE PRACTICE CONTACTING ME BY TEXT MESSAGING

Instructions for the Use  
of the HIPAA-compliant Authorization Form to  
Release Health Information Needed for Litigation

This form is the product of a collaborative process between the New York State Office of Court Administration, representatives of the medical provider community in New York, and the bench and bar, designed to produce a standard official form that complies with the privacy requirements of the federal Health Insurance Portability and Accountability Act ("HIPAA") and its implementing regulations, to be used to authorize the release of health information needed for litigation in New York State courts. It can, however, be used more broadly than this and be used before litigation has been commenced, or whenever counsel would find it useful.

The goal was to produce a standard HIPAA-compliant official form to obviate the current disputes which often take place as to whether health information requests made in the course of litigation meet the requirements of the HIPAA Privacy Rule. It should be noted, though, that the form is optional. This form may be filled out on line and downloaded to be signed by hand, or downloaded and filled out entirely on paper.

When filing out Item 11, which requests the date or event when the authorization will expire, the person filling out the form may designate an event such as "at the conclusion of my court case" or provide a specific date amount of time, such as "3 years from this date".

If a patient seeks to authorize the release of his or her entire medical record, but only from a certain date, the first two boxes in section 9(a) should both be checked, and the relevant date inserted on the first line containing the first box.



# AUTHORIZATION FOR RELEASE OF HEALTH INFORMATION PURSUANT TO HIPAA

[This form has been approved by the New York State Department of Health]

Patient Name	Date of Birth	Social Security Number
Patient Address		

I, or my authorized representative, request that health information regarding my care and treatment be released as set forth on this form: In accordance with New York State Law and the Privacy Rule of the Health Insurance Portability and Accountability Act of 1996 (HIPAA), I understand that:

- This authorization may include disclosure of information relating to **ALCOHOL** and **DRUG ABUSE**, **MENTAL HEALTH TREATMENT**, except psychotherapy notes, and **CONFIDENTIAL HIV\* RELATED INFORMATION** only if I place my initials on the appropriate line in Item 9(a). In the event the health information described below includes any of these types of information, and I initial the line on the box in Item 9(a), I specifically authorize release of such information to the person(s) indicated in Item 8.
- If I am authorizing the release of HIV-related, alcohol or drug treatment, or mental health treatment information, the recipient is prohibited from redisclosing such information without my authorization unless permitted to do so under federal or state law. I understand that I have the right to request a list of people who may receive or use my HIV-related information without authorization. If I experience discrimination because of the release or disclosure of HIV-related information, I may contact the New York State Division of Human Rights at (212) 480-2493 or the New York City Commission of Human Rights at (212) 306-7450. These agencies are responsible for protecting my rights.
- I have the right to revoke this authorization at any time by writing to the health care provider listed below. I understand that I may revoke this authorization except to the extent that action has already been taken based on this authorization.
- I understand that signing this authorization is voluntary. My treatment, payment, enrollment in a health plan, or eligibility for benefits will not be conditioned upon my authorization of this disclosure.
- Information disclosed under this authorization might be redisclosed by the recipient (except as noted above in Item 2), and this redisclosure may no longer be protected by federal or state law.
- THIS AUTHORIZATION DOES NOT AUTHORIZE YOU TO DISCUSS MY HEALTH INFORMATION OR MEDICAL CARE WITH ANYONE OTHER THAN THE ATTORNEY OR GOVERNMENTAL AGENCY SPECIFIED IN ITEM 9 (b).**

7. Name and address of health provider or entity to release this information: \_\_\_\_\_

8. Name and address of person(s) or category of person to whom this information will be sent: \_\_\_\_\_

9(a). Specific information to be released:

Medical Record from (insert date) \_\_\_\_\_ to (insert date) \_\_\_\_\_

Entire Medical Record, including patient histories, office notes (except psychotherapy notes), test results, radiology studies, films, referrals, consults, billing records, insurance records, and records sent to you by other health care providers.

Other: \_\_\_\_\_

Include: (Indicate by Initialing)

\_\_\_\_\_ Alcohol/Drug Treatment

\_\_\_\_\_ Mental Health Information

\_\_\_\_\_ HIV-Related Information

**Authorization to Discuss Health Information**

(b)  By initialing here \_\_\_\_\_ I authorize \_\_\_\_\_

Initials

Name of individual health care provider

to discuss my health information with my attorney, or a governmental agency, listed here:

(Attorney/Firm Name or Governmental Agency Name)

10. Reason for release of information: <input type="checkbox"/> At request of individual <input type="checkbox"/> Other:	11. Date or event on which this authorization will expire:
12. If not the patient, name of person signing form:	13. Authority to sign on behalf of patient:

All items on this form have been completed and my questions about this form have been answered. In addition, I have been provided a copy of the form.

Signature of patient or representative authorized by law: \_\_\_\_\_ Date: \_\_\_\_\_

\* Human Immunodeficiency Virus that causes AIDS. The New York State Public Health Law protects information which reasonably could identify someone as having HIV symptoms or infection and information regarding a person's contacts.

Confidential

Patient Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_\_ Date of last physical examination \_\_\_\_\_

What is your reason for visit? \_\_\_\_\_

- Symptoms -

Check (✓) conditions you currently have or have had in the past year.

GENERAL

- Chills
- Depression
- Dizziness
- Fainting
- Fever
- Forgetfulness
- Headache
- Loss of sleep
- Loss of weight
- Nervousness
- Numbness
- Sweats

MUSCLE/JOINT/BONE

Pain, weakness, numbness in:

- Arms  Hips
- Back  Legs
- Feet  Neck
- Hands  Shoulders

GENITO-URINARY

- Blood in urine
- Frequent urination
- Lack of bladder control
- Painful urination

GASTROINTESTINAL

- Appetite poor
- Bloating
- Bowel changes
- Constipation
- Diarrhea
- Excessive hunger
- Excessive thirst
- Gas
- Hemorrhoids
- Indigestion
- Nausea
- Rectal bleeding
- Stomach pain
- Vomiting
- Vomiting blood

CARDIOVASCULAR

- Chest pain
- High blood pressure
- Irregular heart beat
- Low blood pressure
- Poor circulation
- Rapid heart beat
- Swelling of ankles
- Varicose veins

EYE, EAR, NOSE, THROAT

- Bleeding gums
- Blurred vision
- Crossed eyes
- Difficulty swallowing
- Double vision
- Earache
- Ear discharge
- Hay fever
- Hoarseness
- Loss of hearing
- Nosebleeds
- Persistent cough
- Ringing in ears
- Sinus problems
- Vision - Flashes
- Vision - Halos

SKIN

- Bruise easily
- Hives
- Itching
- Change in moles
- Rash
- Scars
- Sore that won't heal

MEN only

- Breast lump
- Erection difficulties
- Lump in testicles
- Penis discharge
- Sore on penis
- Other

WOMEN only

- Abnormal Pap Smear
- Bleeding between periods
- Breast lump
- Extreme menstrual pain
- Hot flashes
- Nipple discharge
- Painful intercourse
- Vaginal discharge
- Other

Date of last menstrual period \_\_\_\_\_

Date of last Pap Smear \_\_\_\_\_

Have you had a mammogram? \_\_\_\_\_

Are you pregnant? \_\_\_\_\_

Number of children \_\_\_\_\_

- Conditions -

Check (✓) conditions you currently have or have had in the past year.

- AIDS
- Alcoholism
- Anemia
- Anorexia
- Appendicitis
- Arthritis
- Asthma
- Bleeding Disorders
- Breast Lump
- Bronchitis
- Bulimia
- Cancer
- Cataracts

- Chemical Dependency
- Chicken Pox
- Diabetes
- Emphysema
- Epilepsy
- Glaucoma
- Goiter
- Gonorrhea
- Gout
- Heart Disease
- Hepatitis
- Hernia
- Herpes

- High Cholesterol
- HIV Positive
- Kidney Disease
- Liver Disease
- Measles
- Migraine Headaches
- Miscarriage
- Mononucleosis
- Multiple Sclerosis
- Mumps
- Pacemaker
- Pneumonia
- Polio

- Prostate Problem
- Psychiatric Care
- Rheumatic Fever
- Scarlet Fever
- Stroke
- Suicide Attempt
- Thyroid Problems
- Tonsillitis
- Tuberculosis
- Typhoid Fever
- Ulcers
- Vaginal Infections
- Venereal Disease

- Medications -

List medications you are currently taking.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Pharmacy Name \_\_\_\_\_ Phone \_\_\_\_\_

- Allergies -

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

- Health History -

## – Family History –

Relation	Age	State of Health	Age at Death	Cause of Death	Check (✓) if, your blood relatives had any of the following:	
					Disease	Relationship to you
Father					Arthritis, Gout	
Mother					Asthma, Hay Fever	
Brothers					Cancer	
					Chemical Dependency	
					Diabetes	
Sisters					Heart Disease, Strokes	
					High Blood Pressure	
					Kidney Disease	
					Tuberculosis	
					Other	

## – Hospitalizations –

Year	Hospital	Reason for Hospitalization and Outcome

Have you ever had a blood transfusion?  Yes  No  
 If yes, please give approximate dates \_\_\_\_\_

Serious Illness/Injuries	Date	Outcome

## – Pregnancies –

Year of Birth	Sex of Birth	Complications if any

## – Health Habits –

Check (✓) which you use and how much you use.

	Caffeine	
	Tobacco	
	Street Drugs	
	Other	

## – Occupational –

Check (✓) if your work exposes you to:

	Stress	Hazardous Substances
	Heavy Lifting	Other

Occupation \_\_\_\_\_

To the best of my knowledge, the above information is complete and correct. I understand that it is my responsibility to inform my doctor if I, or my minor child, ever have a change in health.

\_\_\_\_\_  
Signature of Patient, Parent, Guardian or Personal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Please print name of Patient, Parent, Guardian or Personal Representative

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Reviewed By

\_\_\_\_\_  
Date